

## **Holli Nicknair, CPC**

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### **Highlights**

- 17 years of coaching, personal mindfulness practice & conscious movement facilitation experience
- 20 years of program & event management experience providing administration, supervision & direct services
- Experience providing online coaching, tai chi, dance & mindful movement sessions
- Excellence in reflective listening, rapport building, motivational interviewing, establishing trust, and modeling empathy with diverse populations
- Mastery in primary skills of communication, coordination, organization, prioritization and problem solving
- Fundraising Expertise: Generated \$300,000 in revenue, wrote grants resulting in awards of \$140,000 & \$6,000
- Management Expertise: Recruited and managed 60+ organizations & 100+ volunteers to implement 2 three-day conferences; ongoing management of large-scale simultaneous events for up to 700 ppl
- Civic Engagement: Volunteered over 4000 hours for nonprofit organizations

### **Education**

- Soul Realignment Practitioner, Certification to be Completed in April 2024
- MBSR- Mindfulness Based Stress Reduction Training, Online 2021
- Transformational Embodiment Coach Training, Coaches Rising, (ICF Accredited) Online 2020
- Tai Chi for Arthritis and Fall Prevention, Aroostook Agency on Aging, Presque Isle, ME 2020
- A Matter of Balance Coach Certification, Aroostook Agency on Aging, Presque Isle, ME 2020
- Certified Professional Coach (CPC); Academy for Coach Training (ICF Accredited), Antioch College 2005
- Spiritual Director Certification, Namaste', Portland, OR 2005
- Kripalu Danskinetics Instructor Certification, Kripalu, Stockbridge, MA 2003
- Bachelor of Arts Degree in Communication, Deans List, University of Southern Maine 1997

### **Most Relevant Professional Experience**

**Conscious Movement Facilitator, Independent Contractor** 2003-2021

**Portland Community College, First Unitarian Church, Agency on Aging, Vitality House of Health & more**

- Created [Return to Center: Women's Ecstatic Dance Series 2017-2020](#)
- Led Meditation in Motion, Danskinetics & [Tai Chi classes](#) to increase awareness, energy & relaxation
- Ecstatic Dance Board of Directors member, facilitator & producer of ongoing mindful movement events

**Certified Professional Coach, Self Employed** 2005-2021

**Sacred Source Solutions (2005-2008) Divine Connections (2017-Present)**

- Wrote business plans, developed branding and marketing materials, coordinated events
- Assisted people in clarifying beliefs, managing self-defeating behaviors and achieving goals
- Provided over 2000 hours of one-on-one coaching, workshops & classes that fostered healing

### **Additional Professional Experience**

**Director, [Mainely Girls](#), Presque Isle, ME** 2020

- Launched 25<sup>th</sup> Anniversary Fundraising campaign, conducted a needs assessment, proposed programming, identified, recommended & co-authored grants, revamped website & created marketing materials

- Rental Manager, Eliot Center at First Unitarian Church, Portland, OR** **2007-2018**
- Coached clients in creating & designing unique events aligned with their values, purpose & vision
  - Produced and managed rental and leasing contracts in a four-building conference center for simultaneous events such as weddings, memorials, multiday conferences, performances, lectures, receptions & concerts
  - Developed and implemented rental policies and contracts, marketing & publicity plans including initiating & maintaining website and social media campaigns, creating & designing print materials
  - Managed ALL event logistics for simultaneous events for 10-700ppl including: identified venues, negotiated contracts, planned and scheduled detailed event timelines, room arrangements, AV equipment and supplies; coordinated onsite personnel & outside vendors, ensured compliance with rental policies, hosted and monitored the event and incorporated customer feedback for increased client satisfaction
  - Managed budgets, contracts and payments for all rentals and leases resulting in continually increasing yearly revenue by an average of 15% each year from \$10,000 in 2007 to \$300,000 in 2018
  - Represented Eliot Center at marketing events, networking functions and association meetings including designing promotional booths for meeting and event industry trade shows & functions
- Project Coordinator, Mt. Hood Community College, Gresham, OR** **2006-2007**
- Planned and coordinated the two- day Metropolitan Diversity Institute for 200 people
  - Managed budget, vendor contracts, publicity, facilities, volunteers, registrations and website
  - Negotiated presenter contracts and arranged logistics
- Habilitation Technician, Opportunity Resources Inc. Missoula, MT** **2004-2005**
- Supported persons with disabilities in enhancing their quality of life
  - Assisted residents of group homes with basic hygiene, daily practices and duties
  - Scheduled, coordinated and led recreational outings for clients
- Operations Manager, Rowe Camp and Conference Center, Rowe, MA** **2002-2004**
- Hired & supervised staff, met safety guidelines and managed budgets
  - Managed the kitchen, maintenance and housekeeping departments of 10 building facility
  - Arranged logistics for presenters and coordinated conferences and retreats
- Program Manager, Maine Statewide Network of Peer Programs, PROP, Portland, ME** **1999-2002**
- Coordinated & collaborated with peer programs & nonprofit organizations statewide to organize, direct and deliver trainings and conferences resulting in prevention of high-risk behaviors in youth
  - Designed curriculum, provided on-going technical support & wrote program development manual
  - Scheduled & coordinated 2 three-day conferences including overnight housing reservations for 500ppl
  - Wrote grants resulting in award of \$140,000; managed budgets and reported progress quarterly
  - Supervised and evaluated two assistants
- Assistant Team Leader, Maine Conservation Corps, AmeriCorps Volunteer, Statewide** **1998-1999**
- Instructed teams of 8 college students to design and build trail systems
  - Co-directed Earth Day Celebration for 250 people, managed volunteers
  - Coordinated service-learning projects that focused on environmental education
- Therapeutic Wilderness Instructor & Challenge Course Facilitator** **1995-2001**
- Aspen Youth Alternatives, Outward Bound, USM and Campfire for Boys and Girls**
- Implemented prevention and intervention strategies for female offenders
  - Guided students on 14- day backpacking trips and facilitated adventure-based ropes courses
  - Developed treatment plans and reported progress of clients to funders